



## Fall Winter 2019-2020 ADULT HOCKEY

South Suburban Adult Hockey League plays at both the [Family Sports Ice Arena](#) and [South Suburban Ice Arena](#) which permits earlier game times.

### Featuring:

- 20 regular-season games plus double elimination playoffs.
- One hour of free ice time and \$200 discount for teams paid in full on or before September 15, 2019.
- On-line game scheduling and game stats are generally available immediately after each game.
- All-Star Game for D3 and D4 Divisions
- Stadium seating for over 400 of your family and friends.
- Perpetual Trophy/Cup for each division will have the Championship team name/season/year plaque mounted on the base. Individuals on the Championship winning team each receive SSAHL individual awards.
- Pucks supplied for each game.
- 3 - 15 minute stop time periods (1 hour and 30-minute game slots )
- Payment Plan option.

Any teams not paid in full by December 1, 2019, may not be allowed to participate in any SSAHL activities and not allowed to return until all fees are paid in full. Any missed games, while the team is on leave for unpaid funds, cannot be made up later, due to schedule structure.

### Important Dates and Deadlines

- August 12, 2019: We begin accepting \$500 per team deposit to guarantee the team a spot in the league. Teams may still register at the Captain's meeting if space is available.
- September 4, 2019 Captains' Meeting: Any team that submits a full team payment on or before September 15, 2019, will receive a \$200 team fee discount and one hour of practice ice before the start of the season, pending availability. The last date to register is at the Captains' Meeting at 8:00 pm in the Banquet Room. Doors open/registration begins at 7:45 pm.
- SSAHL hockey season begins October 1 and runs thru August or possibly September for some divisions, depending on the number of teams in the division and bye weeks.
- We try to maintain consistent nights of play from one year to the next (Fall-Winter similar to prior Fall-Winter, Summer similar to prior Summer).
- We plan division nights of play based on historical interest levels and the ice slots available for Adult Hockey. Unfortunately, division nights are not fully determined until all teams are registered. All prior

seasons schedules are available on Pointstreak to view how consistently the division nights of play have remained over the years. (Fall-Winter similar to prior Fall-Winter, Summer similar to prior Summer).

SSAHL Fees:

- Team Registration Fee: \$6500 (or \$6300 with full payment )
- + \$25 for each Nonresident player\*\*
- There are no other fees or memberships required

Individual Player Information:

Individual players unaffiliated with a team (Free Agents) that are looking to join a team should contact the Adult Hockey Coordinator at [peterh@sspr.org](mailto:peterh@sspr.org) or 303.754.0563.

The Adult Hockey Coordinator will facilitate matching players looking for teams with Captains looking for additional players but cannot guarantee a place on a team.

During the last 24 seasons most players unaffiliated with a team (Free Agents) that contacted the Ice Office, before the season began, found a team (except for goalies). If the season has already started, there are still opportunities in early to mid-season to find an opening on a team, please contact the Ice Office.

SSAHL is a team entry league.

Each team and Captain decides how many players they want to roster (max 20) and that will determine each player's split of the TEAM fee.

Once the Captain and the team determine what the individual cost will be per player, Free Agents and players can either pay the Captain who will pay Online for the team total or players can pay Online directly when they register.

The team fee approach provides the most flexibility and choice for teams/players to either minimize cost per player or maximize ice time per player.

Online Registration is with *SportsEngine*:

ONLY your Captain can provide you with:

- Your Teams Fee Information
- What your team decided was their per player fee split amount
- If the team decided each player needs to pay in full at the beginning
- Whether the team is choosing the Payment Plan Option and allowing their players to split the payment, half in the beginning and half on or before December 1, 2019.

1. EVEN IF YOU ARE NOT MAKING A PAYMENT TOWARDS THE TEAM FEE, EVERYONE NEEDS TO BE REGISTERED ONLINE (that's where you sign the waiver) BEFORE GETTING ON THE ICE.

Teams may forfeit if they are playing with unregistered players.

2. Even if your agreement with your team is that you are not required to contribute to the TEAM FEE portion, you may still be required to pay the \$ 25 NONRESIDENT FEE if you do not live in/pay property taxes in the District. \*\*

If you have already created an account with *SportsEngine* in a prior season, use your prior username and password to register.

If you play on multiple teams, you need to register with EACH of your current season's teams.

If you are new to SSAHL, you will need to CREATE an ACCOUNT.

Link to the *SportsEngine* ONLINE REGISTRATION: <http://ssahl.sportngin.com/>

Captains:

1. New Team Captains, the Ice Office needs your team name to add to the Registration website. Players are registering by a team, so we need the team name before any of your players can register.
2. After Captains have created their personal account and associated it with the team name by selecting from the team drop-down list on the SportsEngine registration website, please contact the Adult Coordinator or Susan in the Ice Office to let us know you have completed that step, Then, we can then add the permissions for that particular Captain(s) to view a Live report with info regarding who on your team has paid how much, etc. by logging in and selecting the tab PAYMENT TRACKING at the top of the home page.
3. Captains or a designated team representative should attend the first league organization meeting on Wednesday, September 4, 2019, at 8:00 pm in the Banquet Room. Doors open for Registration at 7:45 pm.

**\*\*District Residency and where to obtain a Photo ID:**

How do I know if I am a District Resident?

Anyone who rents or owns property in the South Suburban District is a District Resident. Just look for South Suburban on your property tax statement. Search on the right to see if your address is located within the South Suburban District. For the most up-to-date information, please review your property tax statement or call our registration office for assistance at 303.347.5999.

How do I get a District Photo ID Card?

To obtain District rates for SSAHL or classes, as well as admission to some facilities, you will need a South Suburban photo ID.

ID cards cost \$4 and are valid for two years. Proof of residency consists of Driver's license with a current address on front only OR Photo ID AND one of the following documents: utility statement (current energy or phone bill); legal document showing ownership of property in the District, i.e., a property statement or home deed; or lease or rental agreement.

Bring your proof of residency to one of the following locations:

**Goodson Recreation Center-Registration Office**

6315 S. University Blvd. M - Thu, 7:30 am - 7 pm; Fri, 7:30 am - 5 pm; Sat, 9 am - 4 pm

**Douglas H. Buck Community Recreation Center**

2004 W. Powers Ave. M - F, 5 am – 10 pm; 2nd Fri of month, 5 am - 6 pm; Sat/Sun 6:30am - 7pm

**Littleton Golf & Tennis Club**

5800 S. Federal Blvd M-Su, Apr – Aug, 6 am – dark; Sep – Mar, 7 am - dark

**Lone Tree Club House**

9808 Sunningdale Blvd. M,-,Su, May – Aug, 6 am – dark; Sep – Apr, 7 am - dark

**Sheridan Recreation Center**

3325 W. Oxford Ave. May 23 - Sep 30 M - F 7 am - 9 pm; Sat/Sun Closed; Oct 1 - May 22 M - F 7 am - 9 pm, Sat/Sun 9 am-3 pm

**Lone Tree Recreation Center**

10249 Ridgeway Cir. M,- F 5 am - 10 pm; Sat/Sun 6:30 am - 7 pm, 2nd & 4th Sat 6:30 am - 6 pm

## INDEMNIFICATION, RELEASE, AND WAIVER OF LIABILITY:

By registering for the above-identified program, the registrant acknowledges that the program activities carry certain risks for the participants. Further, by registering, registrant releases and indemnifies the District, its employees, agents, contractors or volunteers from and against any and all claims, demands, loss or injury to person or property, caused during participation in the activity. This release and indemnity waiver is intended to be as broad as permitted by law. Registrant acknowledges and agrees to abide by the South Suburban Adult Hockey League Rules and Regulations.

## SSAHL Team Roster Policy:

Each team in the SSAHL is allowed to carry a maximum of 20 players per roster, 19 skaters and 1 regular goalie. Teams can roster as many different "fill-in" goalies as necessary to conduct games, as long as they are 18 yrs of age and have Registered with SSAHL /SportsEngine-signing the waiver.

ALL players need to have created an Online Account where you sign the waiver before getting on the ice, INCLUDING goalies, whether they are paying toward their team's fee or not.

Roster freeze: A team can only add or replace players up until December 1, 2019, **when rosters are frozen.** (exceptions for injury, shift change, job transfer, etc. may be approved by the league director on a case by case basis, please apply in an email request).

Captains should submit any roster additions or changes in an email to [peterh@sspr.org](mailto:peterh@sspr.org) 3 days BEFORE any player gets on the ice.

Depending upon the Division, the Adult Coordinator may need to review any proposed new players' hockey experience before they skate (D2 North, D2 West, C, and higher do not need any prior approval for appropriateness of skill level).

Any D3/D4 Captains considering adding any players that were not on their team's roster last season need approval for the D3/D4 skill level.

This includes existing D3/D4 players wanting to change teams or play on additional teams in the current season; the approval is team and division-specific.

This includes players that were in D3/D4 in past seasons (only last season on the same team is exempt).

Players need to answer the following questions and email answers to the Coordinator, along with the team name/division.

Please describe your hockey experience (ice or roller).

1. Did you begin playing hockey as an adult?
2. How many years have you been playing and /or skating?
3. If you played any Youth hockey: how many years ?  
and what was the highest level you played at?

## Divisions:

SSAHL basically had 10 divisions with different skill levels last Fall/Winter season, an A Division (former pro/Div 1 NCAA), Upper level (labeled C Division, D2North and D2West), Middle level (labeled D2South and D3North) and a Lower level (labeled D3Central, D3South, D4 Division), the North being the upper, Central the middle and the South being the lower skill level within the divisions.

Level 1. Played competitive Youth hockey, our upper levels are currently labeled C Division, D2 North and D2 West.

Level 2. Our middle levels are for players whose experience/skill level falls somewhere in between our upper level and our lower level and are currently labeled D2 South and D3 North Division

Level 3. Began playing as an adult, our lower levels are currently labeled D3 Central, D3 South, and D4 Division.

D4 Division is targeted toward the beginner players that began playing as an adult and are still playing at the novice level.

Whenever possible, we recommend viewing some games at the skill levels you are considering before the season.

Based on the skill level of the teams entering each season, SSAHL may need to adjust the # of divisions and their labeling.

Please take into consideration age and # of years out of the game when ranking yourself.

- SSAHL and South Suburban Parks and Recreation reserve the right to modify or make additions to the league rules, code of conduct and the Registration Information document during the season without notice for the benefit of the overall league. Rules are published on the website [sspr.org](http://sspr.org) and posted on the bulletin boards at the rinks.
- SSAHL follows the USA Hockey rule book with the following additions or exceptions:
- Three 15-minute stop-time periods. In the event of a 7-goal differential in the third period, the clock will be switched to run time. If at any time during the 3<sup>rd</sup> period the differential drops back down below 7 goals, the clock returns to regular stop time.
- ICING: Blue Line icing for ALL divisions EXCEPT A, C, D2 North, and D2 West Divisions.  
Red Line icing for A, C, D2 North, and D2 West Divisions
- RINGER RULE  
3 goal maximum per game, applies to ALL Divisions EXCEPT A, C, D2North and D2West Divisions, all other divisions utilize the 3 goal limit per player per game; therefore, a player with 3 goals in regulation time is ineligible to participate in the shootout and in Playoffs cannot score again in Overtime.  
NOTE: If a single player scores the 4th goal it will not count, and the team is assessed a 2 min bench minor penalty for Delay of Game
- In the event of a tie, there will be a shootout with 5 pairs of shooters. If the game is still tied after the shootout, the game will be recorded as a tie
- Maximum of 20 players on a roster, 19 skaters and 1 regular goalie (additional "fill-in" goalies are allowed over the 20)
- Only registered/rostered players are allowed to play (this Includes Goalies). Teams that do not comply may forfeit each game in question, and the team's Captains may be suspended.
- All teams should have matching home and away jerseys with permanent numbers attached. Any player without a matching jersey or permanent number may be removed from the ice and unable to play until he/she complies with this rule.
- Minimum Play Rule – in order to be eligible for playoffs, players should have played a minimum of 10 games during the regular season (exceptions may be approved by the league director on a case by case basis, please apply in an email request PRIOR to the playoff season).
- Players who play on more than one team should only play one level down from their highest level team at SSAHL( contact Coordinator for exceptions)
- The SSAHL Coordinator and South Suburban Family Sports Center Management reserve the right to move a player or team to another division based on the player's ability or alternately move the team up or down a division.

There are NO "SUBS" in the league. Some teams refer to a REGISTERED player that they have on their roster as a "Sub" because they are players that are not paying toward the team fee amount and they are not asked to play each week, only when needed for a short bench, But that is an internal team label and the player they refer to as a "Sub" still needs to be REGISTERED, regardless if they are contributing towards the team fee.

Each team decides among themselves how much each player pays or if some do not pay at all, e.g., some goalies.

**Game Misconducts:**

1st Game Misconduct 1 game suspension

2nd Game Misconduct in the combination of the regular season and the adjoining playoff season is **SUSPENSION FROM THE LEAGUE** for 1 YEAR for all divisions.

**Fines for Game Misconduct Penalties for Fighting:**

1st Offense: \$50 fine, one-game suspension

2nd Game Misconduct in the combination of the regular season and the adjoining playoff season is **SUSPENSION FROM THE LEAGUE** for 1 YEAR for all divisions.

**Fines for Game Misconduct Penalties for Abuse of Officials:**

1st Offense: \$50 fine, 1 game suspension

Match Penalty: minimum of 2 game suspension, no maximum number of games which a player may be suspended.

A player receiving 3 penalties in a game will be ejected from the game immediately after the 3rd penalty.

A team Captain may be suspended for using ineligible players.

**Excessive Penalties:**

Any player receiving a total of 30 minutes in penalties during the regular season, will receive a one-game suspension that will carry over into the Playoffs.

Any player receiving a total of 40 minutes in penalties during the regular season will receive a 2 game suspension that will carry over into the Playoffs.

Any player receiving 50 or more minutes during the regular season will be suspended from the league for the balance of the season including playoffs.

Players suspended for the balance of the season, including the Playoff season, will NOT receive a refund.

- Players receiving a Game Misconduct must serve their suspended games immediately, in succession, in the same division that the Game Misconduct occurred and pay their fine at the Ice Office or Online prior to the next game for which they are eligible.

Any skater found playing who has not fully completed his/her suspension or paid their fine may be immediately removed from the ice and have another 2 games added to their suspension.

A team Captain may be suspended for using illegal players.

- Any suspensions and/or probations will carry over to the next SSAHL season in which the player participates (summer, winter, playoffs).
- There are no appeals of the Referee's calls.
- The SSAHL Coordinator and South Suburban Parks and Recreation Management's decisions are final.
- SSAHL and South Suburban Parks and Recreation reserve the right to modify or make additions to the league rules, code of conduct and the Registration Information document during the season without notice for the benefit of the overall league. Rules are published on the website [sspr.org](http://sspr.org), SportsEngine and posted on the bulletin boards at the rink

South Suburban Adult Hockey League  
Code of Conduct

South Suburban Adult Hockey League attempts to instill and practice the values of good sportsmanship in all participants. In order to achieve these goals, the South Suburban Adult Hockey League has established the following conduct guidelines:

USA Hockey's past Zero Tolerance Policy has stated that players and coaches may be assessed a penalty for unsportsmanlike conduct if they:

1. Openly dispute or argue any decision made by an official.
2. Use obscene or vulgar language at any time to anyone.
3. Visually display or demonstrate any sign of dissatisfaction with an official's decision.
4. Attempt to incite an opposing player (taunting, baiting, using profane or abusive language).

**ALL PLAYERS MUST:**

- Refrain from addressing remarks to referees, officials, players, coaches or fans of either team, except when made as an expression of genuine friendship or in the spirit of good sportsmanship.
- Cooperate immediately with the request or decision of the referee.
- Follow arena rules.

It is suggested all Players should:

- Applaud superior play by both teams and, in the spirit of good sportsmanship, shake hands at the end of the game.

South Suburban Adult Hockey has adopted its own Zero Tolerance Policy regarding the damage or destruction of any property. The use of drugs, alcohol, and any form of tobacco is prohibited while participating in any SSAHL games. Players or teams who violate these codes may be suspended from competition and/or fined for a period of time as deemed appropriate by the South Suburban Family Sports Center/SSIA management.

As team Captain or Team Representative, I agree to supply any players on our SSAHL teams with a copy of the SSAHL Rules and Code of Conduct PRIOR to them playing any games.

The SSAHL Rules are available on the sspr.org website, SportsEngine, and bulletin boards at the rink.

\*\* If your name appears on the team roster, you have read and agree to follow all South Suburban Adult Hockey League Rules and Regulations available on the sspr.org website.

**INDEMNIFICATION, RELEASE, AND WAIVER OF LIABILITY:** By registering for the above-identified program, the registrant acknowledges that the program activities carry certain risks for the participants. Further, by registering, registrant releases and indemnifies District its employees, agents, contractors or volunteers from and against any and all claims, demands, loss or injury to person or property, caused during participation in the activity. This release and indemnity are intended to be as broad as permitted by law. I acknowledge and agree to abide by the South Suburban Adult Hockey League Rules and Regulations.

Captain's Signature or Team Representative \_\_\_\_\_

Name (Please Print) \_\_\_\_\_

Team Name \_\_\_\_\_ Division \_\_\_\_\_ Date \_\_\_\_\_

South Suburban Family Sports Center  
6901 S. Peoria St., Centennial, CO 80112  
303-754-0563  
Fax 303-706-9608  
www.sspr.org  
[peterh@sspr.org](mailto:peterh@sspr.org)

### Additional Rules for Playoffs

Multiple seasons are often ACTIVE in Pointstreak near the end of the regular season and during Playoff season, so players will need to select the appropriate season to locate the schedule. Divisions end their regular-season games on different dates so Pointstreak will have overlapping seasons for many weeks.

#### 1. **Players need to have a photo ID available in the locker room for all playoff games:**

- Have photo ID available in the locker rooms for all players before and during games. If a team's Captain chooses to challenge the identity of an opposing player, notify the scorekeeper, not the referees.
- Do not wait until the game is over to ask for ID, ask at some point during the game before time has expired and players have left the ice.
- Teams playing with ineligible players may forfeit the game, and their Captains may be suspended.
- Goalie "fill-ins" must be Registered, be 18 yrs of age, and have signed the online waiver.
- Please contact the ice Office if you have questions regarding goalies.
- One suggestion is that Captains ask their players well ahead of Playoffs for a Xerox of their Photo ID so that Captains can keep a complete file in their bag throughout the Playoffs.

#### 2. Rosters and Eligibility:

Pointstreak will be porting over the eligible players with the 10 game minimum necessary for eligibility in the Playoffs after each division has completed its regular-season games.

The porting filter is not 100% accurate, and the statistical data entered in Pointstreak is not 100% accurate, so please review your rosters in the Playoff season for accuracy AFTER YOUR DIVISION HAS COMPLETED ALL IT'S REGULAR SEASON GAMES and let the Coordinator know if there are any discrepancies BEFORE the beginning of your divisions playoff series.

If you have players that you know will not meet the minimum # of games and they were injured or have a special circumstance, I can address them individually, but we need to address it BEFORE the beginning of your divisions' playoff series.

#### 3. Searching for Playoff schedules and Brackets and Seasons:

Start dates for playoffs vary for all divisions, so in the meantime, the default setting for the home page in Pointstreak will be for the current REGULAR Season.

The Playoff schedules are located in a separate Playoffs season on Pointstreak.

You will need to select Playoffs in the "choose a season" drop-down window at the beginning of your search.

#### TWO WAYS to view the Playoffs

- a. To view the brackets, select your division, then from the DIVISION MENU, select the BRACKET'S tab.

Please note, to view details of each game click on the gray boxes in the bracket

- b. The games are also available in the normal schedule format like you have used during the regular season.

Once most of the teams have started Playoffs, the default will be changed to have the home page open on the Playoff season.

#### 4. Locker room keys:

Remember locker room keys are always available at the skate rental counter for the locker rooms. We do not suggest bringing a wallet or any valuable into the locker room as a legible, clean Xerox copy of your photo ID should suffice if it is **large enough to identify the person in the photo.** If the keys are not on the countertop or there is not a skate rental person available, please contact a Zam Driver or the Adult Coordinator 303.754.0563, and we will get the keys for you (please remember to lock both the bathroom door and the front door).

#### 5. TIES / OT / SHOOTOUTS:

In the event of a tie after regulation time has expired, there will be a 4 on 4, five minute (stop time) sudden death overtime.

If the game is still tied after the 5 minute overtime has expired, there will be a shootout with 5 pairs of shooters\*\*.

\*\* If a player is serving a penalty when the game ends, the player in the penalty box is ineligible to participate in the shootout.

The only exception is if the penalty is a bench minor ( too many men on the ice ).

Each team selects 5 skaters from their team to take penalty shots one at a time against the opposing goaltender, with teams alternating shots.

RINGER RULE the same as the regular season.

After the 10 players have all taken their shots, the team with the most goals is declared the winner.

If the shootout is still tied after 5 skaters from each team have taken shots, the shootout continues with an additional pair of skaters until one team has won the advantage (assuring that each team has taken an equal number of shots).

The shootout may end earlier if one team has scored more goals than the opposing team could score with its remaining shooters.

All skaters (except goalies) on a team's roster must shoot before any player can shoot a second time

The overtime period shall be played with each team at a numerical strength of four (4) skaters and one (1) goalkeeper, adjusted accordingly for any carryover penalties.

Additional penalties to be assessed consistent with the rules in regulation time.

Note 1: If a team is penalized in overtime, teams play 4-3.

Note 2: In overtime, if a team is penalized such that a two-man advantage is called for, then the offending team will remain at three (3) skaters while the non-offending team will be permitted a fifth skater.

Note 3: At the first stoppage of play after the two-man advantage is no longer in effect, the numerical strength of the team will revert back to either a 4 on 4 or a 4 on 3 situations, as appropriate.

Note 4: If there is a manpower advantage situation which carries over from regulation time to overtime, the above criteria will be applied at the start of overtime. Accordingly, if at the end of regulation time, the teams are 5 on 4, overtime begins with 4 on 3.

Note 5: The overtime period will be commenced immediately following a two (2) minute rest period during which the players will remain on the ice. The Teams will NOT change ends for the overtime period.

Note 7: When regulation time ends with an on-ice manpower strength of 5 on 3, teams will commence the overtime with a strength of 5 on 3. With the expiration of penalties, due to continuous action, player strength may get to 5 on 5 or 5 on 4. At the first stoppage of play, player strength must be adjusted to 4 on 4 or 4 on 3.

Note 8: If at the end of regulation time teams are 3 on 3, overtime starts 3 on 3. Once player strength reaches a 5 on 4 or 5 on 5, at the next stoppage player strength is adjusted to 4 on 3 or 4 on 4, as appropriate.

Note 9: If at the end of regulation time teams are 4 on 4 with a player or players in the box serving non-coincidental penalties, overtime starts 4 on 4 and players exit the penalty box as normal to 5 on 4 or 5 on 5. At first stoppage of play, teams are adjusted to 4 on 3 or 4 on 4, as appropriate.