

AQUATICS IMPORTANT SWIM LESSON INFORMATION



Indoor Pools

Due to the COVID-19 pandemic, many procedure updates will be implemented to minimize the spread of the virus. The District strives to provide a safe environment while still providing a fun and positive experience. The District is also committed to minimally meet or exceed all State/County COVID guidelines.

South Suburban Aquatics has created a safer way to conduct lessons with the current Safer at Home required guidelines.

General Guidelines

- Advanced registration is required and is available online [here](#).
- Appropriate facial coverings/masks, covering the nose and mouth, are required inside the facility. Masks must be worn at all times with the following exceptions:
 - Those ages 10 and younger.
 - Those in the pool. Masks cannot be worn in the water unless guests keep head above water at all times. If masks get wet they should be removed.
 - Those completing exercise where a mask may interfere with their respiratory function.
- Swimmers are encouraged to come swim ready. Limited lockers and showers are available.
- Spectators are permitted, but maybe limited due to overall capacity requirements.
- Pool furniture offerings are limited. Guests may bring their own chairs, subject to staff approval.
- Anyone who is sick or has symptoms of COVID-19 should stay home.
- Children under the age of 14 must be accompanied by an adult guardian.
- Guests who fail to follow guidelines and staff direction may be asked to leave and refunds will not be issued.

Updated Swim Instruction

- Standard American Red Cross Protocols will resume with all levels with the following alterations:
 - Class quantity and capacities may be limited according to space/availability.
 - Each student must maintain a distance of 6' from other students.
 - Instructors will maintain distance as much as possible, but may use hands on techniques to manipulate correct body and stroke positions will in the water. A guardian (16+ years old) may attend to assist with hands-on instruction if that is preferred. Please contact the appropriate aquatics coordinator if you would like to take advantage of this option.
 - Instructors will wear face shields and masks while teaching to refrain from direct face to face contact.

Additional Questions or Concerns

tlogan@ssprd.org, Tim Logan, District Aquatics Manager

aharston@ssprd.org, Anne Harston, Buck, Franklin and Harlow Aquatics Coordinator

ttoler@ssprd.org, Travis Toler, Goodson and Holly Aquatics Coordinator

rcook@ssprd.org, Ryan Cook, Lone Tree and Cook Creek Aquatics Coordinator