



Registration Information/Rules Fall Winter 2021-2022

Overview and Features	
League	Recreational ; Adult (18+); No-Checking; All divisions are coed except the Women's Division.
Rink Locations	Family Sports Center (FSC) and Sports Complex (SSSC)
Season Games	20 regular season games ; double elimination playoffs
Game Details	3 – 15 minute periods; 1.5 hour game slots; on-line scheduling: pucks supplied
Team Roster Size	Minimum of 15 skaters and a maximum of 19 skaters and 1 goalie.
Subs	THERE ARE NO "SUBS" IN THE SSAHL
Fees	Player fee is \$420 for EARLY Registration and \$440 for REGULAR Registration. Goalies – no player fee; \$25 Non-District fee applies to any registrant (skaters and goalies) if you live out of District*
Available Team Incentives	1 .5 hours free ice if entire roster of players has paid in full by August 22, 2021.
Payment Plan Options	Full Payment or 2 payment plan option ; \$200 at registration, remainder due December 1, 2021; not available to teams receiving 1.5 hour of free ice.
Scheduled Nights of Play	SSAHL tries to maintain consistent nights of play from one year to the next. Fall/Winter will generally be similar to the prior Fall/Winter, Summer will be similar to the prior Summer. This may vary the first year with the addition of the new Sports Complex (SSSC). SSAHL plans division nights of play based on historical interest levels and the ice slots available for Adult Hockey. Unfortunately, division nights are not fully determined until all teams are registered. All prior seasons' schedules are available on Pointstreak to view how consistently the division schedules have remained over the years. Click HERE for prior Pointstreak Season Schedules.
Website	https://ssahl.sportngin.com/
Registration Link	https://ssahl.sportngin.com/register/form/285598963
Ice Office Contacts	Peter Hunt – Adult Hockey Coordinator PeterH@ssprd.org 303-754-0563 Susan Pfeiffer – Ice Office Administrator SusanP@ssprd.org 303-754-0584
Important Dates and Deadlines	
Aug 1 -- Sept 5, 2021	Non-refundable Registration Fee due by the Captain to secure a team's placement on the schedule.
August 29, 2021	EARLY player registration deadline for \$420 registration fee. Entire team registration payments must be submitted by this date to receive 1.5 hours of free ice time for the team.
September 12, 2021	REGULAR player registration deadline for \$440 registration fee.
Oct 1, 2021	Fall Winter season begins ; Some divisions may start later
Nov 1, 2021	Rosters are frozen ; Exceptions are available to replace players with injuries, job transfers, etc. Contact PeterH@ssprd.org for approval. Captains need to submit any roster additions or changes 3 days BEFORE any player is planning on playing.
Dec 1, 2021	Remaining payment processed with 2 payment plan

Team and Player Information	
Returning Team (Captain)	<ol style="list-style-type: none"> 1. Non-refundable Registration Fee due by the Captain to secure a team's placement on the schedule. Communicate to team if you are doing Early Registration (Aug 1 to August 22) Registration Link: https://ssahl.sportngin.com/register/form/285598963
New Team (Captain)	<ol style="list-style-type: none"> Email PeterH@ssprd.org with your Team Name so 1. Your team can be added to the Registration for Team selection and 2. A Payment Tracking Page will be set up on the SSAHL website (https://ssahl.sportngin.com/) – this team page has a live link to all of your players' payments. If you do not have a SportsEngine account, go to https://ssahl.sportngin.com/, create an account and email SusanP@ssprd.org to let her know your login name so she can give you "View Permissions" to your team page. Non-refundable Registration Fee due by the Captain to secure a team's placement on the schedule. Communicate to team if you are doing Early Registration (August 1—August 22) Registration Link: https://ssahl.sportngin.com/register/form/285598963
Returning Player	<ol style="list-style-type: none"> Check with your Captain to see if your team is doing Early Registration (August 1 – August 22) Registration Link: https://ssahl.sportngin.com/register/form/285598963
New Player	<ol style="list-style-type: none"> If entering a D3/D4/D5 division, send answers to the 3 screening questions for division approval – see top of page 4 (D3/D4/D5 Approval section). Check with your Captain to see if your team is doing Early Registration (August 1 – August 22) If you do not currently have a SportsEngine Account, you will be required to create one before the system takes you through the registration. Registration Link: https://ssahl.sportngin.com/register/form/285598963
Free Agent Player	<ol style="list-style-type: none"> If entering a D3/D4/D5 division, send answers to the 3 screening questions for division approval – see top of page 4 (D3/D4 Approval section). Individual players unaffiliated with a team who are looking to join a team must complete the Free Agent Form located on the SSAHL website (https://ssahl.sportngin.com/) Return the completed form to the Adult Hockey Coordinator at PeterH@ssprd.org 303-754-0563. The Adult Hockey Coordinator will help facilitate matching players looking for teams with Captains looking for additional players but cannot guarantee a place on a team.
Goalies	<ol style="list-style-type: none"> You do not pay the player fee but are still required to register to sign Waivers before you get on the ice. You are also required to pay the \$25 Non-District Fee if you do not live in district. Registration Link: https://ssahl.sportngin.com/register/form/285598963
Multiple Team Registration	If you play on multiple teams, you need to register for EACH of your teams in the current season. The \$25 Non-District Fee ONLY needs to be paid once per season. There is an option in the registration to bypass paying the \$25 Non-District fee so you don't pay it multiple times.

Other Information	
SSAHL and SSPRD Disclaimer	<p>SSAHL and South Suburban Parks and Recreation reserve the right to modify or make additions to the league rules, Code of Conduct and the Registration Information/Rules document during the season without notice, for the benefit of the overall league or to conform to the latest government guidelines.</p> <p>Updates are published on the website SSPRD.ORG, SportsEngine and posted on the bulletin boards at the rinks.</p>
*District Residency and where to obtain Photo ID	<p>Anyone who rents or owns property in the South Suburban District is a District Resident. To find out more information about obtaining a photo ID, click on the following link: https://www.ssprd.org/About/Residency/Residency-Checker</p>
Indemnification, Release and Waiver of Liability	<p>This waiver is included in the registration and must be signed. It states that by registering, registrant releases and indemnifies the District, its employees, agents, contractors, or volunteers from and against any and all claims, demands, loss of injury to person or property, caused during participation in the activity.</p>
Registration/Rules Form	<p>South Suburban Adult Hockey League attempts to instill and practice the values of good sportsmanship in all participants. The Captain is required to supply each player with a copy of the SSAHL Registration/Rules Information form PRIOR to them playing any games.</p>

D3, D4, D5 Divisions	
D3/D4/D5 Approval	<p>Any D3/D4/D5 Captains considering adding any players that were not on their team's roster <u>last season</u> need approval for the D3/D4/D5 skill level.</p> <p>This includes existing D3/D4/D5 players wanting to change teams or play on additional teams in the current season – the approval is team and division specific.</p> <p>This includes players who were in D3/D4/D5 in past seasons (only players who were on the same team during the adjoining prior season are exempt from this process).</p> <p>Players need to answer the following 3 questions and email answers to your Captain to compile a list they will then forward to the Adult Hockey Coordinator along with the team name/division:</p> <p style="padding-left: 40px;">Hockey experience (ice or roller):</p> <ol style="list-style-type: none"> 1. Did you begin playing hockey as an adult? 2. How many years have you been playing and/or skating, ice or roller? 3. If you played any youth hockey, how many years did you play and what was the highest level you played? (include city/state where you played)
Divisions	<p>SSAHL had 11 divisions with different skill levels last season:</p> <p style="padding-left: 40px;">Upper level – A Division, D2 Mon/Wed, D2</p> <p style="padding-left: 40px;">Middle level – D3 North, D3 Central, D3 Tues/Mon</p> <p style="padding-left: 40px;">Lower level – D3 South, D4 Division, D5 Division</p>
Free Agents for D Division	<p>Free Agents can rank themselves on the Free Agent Form based on the categories below:</p> <ol style="list-style-type: none"> 1. Played competitive hockey – A Division, D2 Mon/Wed, D2 2. Little or no Youth Hockey or began playing as an adult, middle levels currently labeled D3 North, D3 Central. 3. Lower levels labeled D3 South, D4 Division 4. D5 Division is the lowest level and is targeted towards the beginner players who began playing as an adult and are still playing at the novice level. <p>Whenever possible, we recommend viewing some games at the skill levels you are considering before the season.</p> <p>Based on the skill level of the teams entering each season, SSAHL may need to adjust the # of divisions and their labeling.</p>

USA Hockey Rule Book followed by SSAHL

SSAHL follows the USA Hockey rule book with some additions or exceptions contained in this Registration/Rules Information Form.

Run Time/Stop Time	Three 15-minute stop time periods. In the event of a 7-goal differential in the third period, the clock will be switched to run time. If at any time during the third period, the differential drops back down below a 7-goal differential, the clock returns to regular stop time.
Icing	<u>Red Line Icing</u> for the A Division and D2 Divisions <u>Blue Line Icing</u> for Women's division , D3, D4, D5 Divisions
Ringer Rule	3 goal maximum per game, applies to ALL Divisions EXCEPT A Division, D2. All other divisions utilize the 3 goal limit per player per game and it still applies for Playoff Season, therefore a player with 3 goals in regulation time is ineligible to participate in the shootout. NOTE: If a single player scores a 4 th goal, it doesn't count and the team is assessed a 2 minute bench minor penalty for Delay of Game.
Shootout	In the event of a tie, there will be a 5 round shootout. If the game is still tied after the shootout, the game will be recorded as a tie in the regular season. See Playoff Season for other rules.
Rosters	Maximum of 20 players on a roster, 19 PAID skaters and 1 regular goalie. Additional "back-up" goalies are allowed over the 20, but they need to register. Only REGISTERED/ROSTERED players are allowed to play (this includes goalies). Teams that do not comply may forfeit each game in question and the teams' Captains may be suspended.
Jerseys	All teams should have matching home and away jerseys with permanent numbers attached. Any player without a matching jersey or permanent number may be removed from the ice and unable to play until he/she complies with this rule.
Minimum Play Rule	In order to be eligible for playoffs, players should have played a minimum of 8 games during the regular season (exceptions may be approved by the League Director on a case by case basis. Please apply in an email request PRIOR to the playoff season).
Players on Multiple Teams	Players who play on more than one team should only play one level down from their highest level team. Exceptions can be approved on a case by case basis.
PLAY IN THE RIGHT DIVISION	PLAY IN THE RIGHT DIVISION. The SSAHL Coordinator and South Suburban Family Sports Center Management reserve the right to move a player or team to another division based on the player's ability or alternately move the team up or down a division.
Register before play	<u>All players are required to REGISTER ONLINE, and in the process sign the online waiver, BEFORE ever skating.</u>
Subs	<u>THERE ARE NO "SUBS" IN THE LEAGUE</u>

Penalties and Suspensions

Maximum of 3 Penalties in One Game	A player receiving 3 penalties in a game will be ejected from the game immediately after the 3 rd penalty. This is just an ejection from the current game, it is not a Game Misconduct
Game Misconducts	1st Game Misconduct - 1 game suspension 2nd Game Misconduct – in the combination of the regular season and the adjoining playoff season is SUSPENDED from the League for 1 YEAR for all divisions no refunds.
Fines for Game Misconduct Penalties for Fighting	1st Offense - \$50 fine, one game suspension 2nd Game Misconduct – in the combination of the regular season and the adjoining playoff season is SUSPENDED from the League for 1 YEAR for all divisions no refunds.
Fines for Game Misconduct for Penalties for Abuse of Officials	1st Offense - \$50 fine, 1 game suspension. 2nd Game Misconduct – in the combination of the regular season and the adjoining playoff season is SUSPENDED from the League for 1 YEAR for all divisions no refunds.
Match Penalty	Minimum of 2 game suspension, no maximum number of games which a player may be suspended.
Excessive Penalties	<ul style="list-style-type: none"> • Any player receiving a total of 45 minutes in penalties during the regular season, will receive a one (1) game suspension that will carry over into the Playoffs. • Any player receiving a total of 60 minutes in penalties during the regular season will receive a two (2) game suspension that will carry over into the Playoffs. • Any player receiving 75 or more minutes in penalties during the regular season will be suspended from the league for the balance of the season including Playoffs.
Miscellaneous Information on Penalties and Suspensions	<ul style="list-style-type: none"> • Players suspended for the balance of the season, including the Playoff season, will NOT receive a refund. • Players receiving a Game Misconduct must serve their suspended games immediately, in succession, in the same division that the Game Misconduct occurred and pay their fine at the Ice Office or Online prior to the next game for which they are eligible. • Any skater found playing who has not fully completed his/her suspension or paid their fine may be immediately removed from the ice and have another 2 games added to their suspension. • A team Captain may be suspended for using ineligible players. • Any suspensions and/or probations will carry over to the next SSAHL season in which the player participates (summer, winter, playoffs). • There are no appeals of the Referee's calls. • There is no video review except for Match Penalties by the committee. • The SSAHL Coordinator and South Suburban Parks and Recreation Management's decisions are final.

Additional Rules for Playoffs

<p>Photo ID Required</p>	<ul style="list-style-type: none"> • Please have a clear photo ID <u>available in the locker rooms</u> for all players before and during games. • If a team’s Captain chooses to challenge the identity of an opposing player, notify the Scorekeeper, not the Referees. • Do not wait until the game is over to ask for ID, ask at some point during the game before players have left the ice. • Teams playing with ineligible players may forfeit the game and their Captains may be suspended. • Please contact the Ice Office if you have questions regarding goalies. • One suggestion is that Captains ask their players well ahead of Playoffs for a copy of their Photo ID so that Captains can keep a complete file in their bag. Please make any photos large enough to be able to identify the player.
<p>Rosters, Eligibility and Exception Requests</p>	<ul style="list-style-type: none"> • Pointstreak ported over the eligible players with the minimum # of games necessary for eligibility in the Playoffs (4 games in Summer, 8 games in Fall/Winter) • The filter is not 100% accurate and the statistical data entered is not 100% accurate, so please review your rosters in the Playoff season for accuracy and try to let me know if there are any discrepancies before the beginning of your division’s playoff series. • If you have players who you know will not meet the minimum # of games and they were injured, had a shift changed, unanticipated out of town assignments or have a special circumstance, I can address them individually, please email those requests with the player name and jersey #.
<p>Searching for Playoff Schedules, Brackets and Seasons</p>	<ul style="list-style-type: none"> • Multiple seasons are ACTIVE in Pointstreak. • Start dates for playoffs vary for all divisions. • The Playoff schedules are located in a separate Playoffs Season on Pointstreak. You will need to select the Playoffs season from the “choose a season” drop down window at the beginning of your search. • TWO WAYS to view the Playoffs: <ol style="list-style-type: none"> 1. To view the brackets, select your division, then from the DIVISION MENU select the BRACKET’S tab. Please note, to view details of each game, you need to click on each gray box in the bracket. 2. The games are also available in the normal schedule format like you have used during the regular season, from the Division menu, select Schedule.
<p>Locker Room Keys</p>	<ul style="list-style-type: none"> • Locker room keys should be available at the skate rental counter for the locker rooms. We do not suggest bringing a wallet or any valuables into the locker room; a clear copy of your photo ID should suffice – please make it large enough to be able to identify you. • If the keys are not out on the countertop or there is not a skate rental person available, please contact a Zam Driver and we will get them for you. • Please remember to lock both your shower room door and the Locker Room front door.

Additional Rules for Playoffs - Overtime and Shootouts

- In the event of a tie, after regulation time has expired, there will be a 2 minute break followed by a 4 on 4, five minute (stop time) sudden death overtime. The overtime period shall be played with each team at a numerical strength of four (4) skaters and one (1) goalkeeper. Roster (except goalies) must shoot before any player can shoot a second time. If the game is still tied after the 5 minute overtime has expired there will be a shootout with 5 pairs of shooters.
- If a player is serving a penalty when the game ends, the player in the penalty box is ineligible to participate in the shootout. The only exception is if the penalty is a bench minor (too many men on the ice). All divisions EXCEPT A division and D2 divisions utilize the 3 goal limit per player per game and it still applies for Playoff Season; therefore a player with 3 goals in regulation time is ineligible to participate in the shootout (EXCEPT in A Division and D2 Divisions which have no ringer rule).
- Each team selects 5 skaters from their team to take penalty shots one at a time against the opposing goaltender, with teams alternating shots.
- After the 10 players have all taken their shots, the team with the most goals is declared the winner.
- Shootouts IN THE PLAYOFF SEASON that are still tied after 5 skaters from each team have taken shots, the shootout continues with an additional pair of skaters until one team has won the advantage (assuring that each team has taken an equal number of shots). The shootout may end earlier, if one team has scored more goals than the opposing team could score with its remaining shooters. All skaters eligible for the shootout on a team's roster must shoot before any player can shoot a second time.
- The overtime period shall be played with each team at a numerical strength of four (4) skaters and one (1) goalkeeper.
- Additional penalties to be assessed consistent with the rules in regulation time.
- **Note 1:** If a team is penalized in overtime, teams play 4-3.
- **Note 2:** In overtime, if a team is penalized such that a two-man advantage is called for, then the offending team will remain at three (3) skaters while the non-offending team will be permitted a fifth skater.
- **Note 3:** At the first stoppage of play after the two-man advantage is no longer in effect, the numerical strength of the team will revert back to either a 4 on 4 or a 4 on 3 situation, as appropriate.
- **Note 4:** If there is a man power advantage situation which carries over from regulation time to overtime, the above criteria will be applied at the start of overtime. Accordingly, if at the end of regulation time, the teams are 5 on 4, overtime begins at 4 on 3.
- **Note 5:** The overtime period will be commenced immediately following a two (2) minute rest period during which the players will remain on the ice. The teams will not change ends for the overtime period.
- **Note 6:** When the regulation ends with an on-ice manpower strength of 5 on 3, teams will commence the overtime with a strength of 5 on 3. With the expiration of penalties, due to continuous action, player strength may get to 5 on 5 or 5 on 4. At the first stoppage of play following, player strength must be adjusted to 4 on 4 or 4 on 3.
- **Note 7:** If at the end of regulation time, teams are 3 on 3, overtime starts 3 on 3. Once player strength reaches a 5 on 4 or 5 on 5, at the next stoppage player strength is adjusted to 4 on 3 or 4 on 4, as appropriate.
- **Note 8:** If at the end of regulation time teams are 4 on 4 with a player or layers in the box serving non-coincidental penalties, overtime starts 4 on 4 and players exit penalty box as normal to 5 on 4 or 5 on 5. At first stoppage of play, teams are adjusted to 4 on 3 or 4 on 4, as appropriate.