Pool Rules-Outdoor Pools
To ensure a comfortable, safe and enjoyable environment please be courteous and respectful of others. Please observe the following rules while using the outdoor pools.

General Pool Rules:
- Patrons must obey all posted rules and staff instructions.
- Conduct that infringes upon the safety or comfort of oneself or others is prohibited.
- Proper swim attire is required for all swimmers. Underwear or street clothing is not permitted.
- Children who are not potty trained are required to wear swim diapers.
- Shower before entering the pool area.
- **Children 5 yrs and under** must be accompanied at all times in the water within arm’s length of a parent/guardian.
- **Children 6 yrs to 9 yrs** are recommended to be actively supervised by a parent/guardian.
- **Non-swimmers** must stay in shallow water with a parent/guardian who is in the water. Recommended to use a Coast Guard-approved lifejacket.
- Only Coast Guard-approved lifejackets and noodles may be used.
- No running, pushing, shoving, dunking or horseplay.
- No flips, cannonballs, belly flops, diving or twisting jumps off the side/edge of pool.
- Patrons with open wounds, diarrhea or infectious diseases are not permitted to use the pools.
- No glass, alcohol, pets, tobacco or nicotine products, including electronic cigarettes.
- Only District personnel are authorized to provide swim instruction and coaching.
- Diving block use limited to District supervised programs.
- Capacity may be limited to ensure safe lifeguard and participant ratios.
- Visit pool amenities for posted specific rules of use.

Please note pools may at any time delay opening, be cleared, and/or close in the event of inclement weather or in the presence of possible health concerns from waterborne or blood borne bacteria. No refunds will be given after entry to any pool, if such events occur.

Rules and regulations are subject to change without notice for the safety and comfort of patrons. Failure to follow rules and staff instruction may result in ejection from the facility.

Diving Board Rules at Cook Creek, Franklin and Holly
- **CAUTION DEEP WATER!**
- Swim tests are required for all children 9 years and under. Non-swimmers are not permitted.
- Lifejackets or other flotation devices and goggles are not permitted.
- One person on board at a time. Wait to begin until previous participant has cleared the landing area.
- Only one bounce on the board.
- No throwing of balls or other objects to the diver.
- Jump off the front of the board and then swim directly to the sidewall ladder.
- No catching anyone off the diving board.
- No swimming in dive well while diving board is in use.
Water Slide Rules

- All riders must be 48” (Cook Creek, Holly) or 42” (Franklin, Harlow).
- Maximum rider weight is 300 pounds.
  Warning: Water depth is 3 feet 6 inches at Cook Creek and Holly. Non-swimmers are not permitted.
- All riders must ride feet first while lying on their back with arms crossed across their chest. Do not go down the slide head first. Do not sit up while riding the slide.
- Riders must enter the slide in a sitting position and wait for instructors from the lifeguard stationed at the slide starter tub.
- Do not propel yourself into the ride.
- Only one rider at a time. Absolutely no trains or chains of riders are permitted.
- No running, standing, kneeling, rotating, tumbling or stopping in the flume. Arms and hands must remain inside the flume at all times. Riders should remain in proper riding position until forward movement is terminated. At no time should the rider attempt to stand up while on the slide or prior to coming to a complete stop in the splash out area.
- No tubes, mats, or life jackets are permitted on the waterslide.
- No combs or foreign objects are allowed in pockets and no jewelry can be worn while riding the slide. No cutoff jeans or swim wear with exposed zippers, buckles, rivets or metal ornamentation; only approved swim suits allowed.
- The line should form on the deck with one rider on each landing and one rider in the starter tub. Wait until landing area is clear before entering.
- Riders must be in good health. Elderly persons, those suffering from heart disease, high blood pressure, epilepsy, or persons using prescription medication should consult their physician before using this slide. Individuals with medical conditions including, but not limited to, pregnancy, heart, or back problems should not ride.
- Do not use this slide while under the influence of alcohol or drugs.
- No diving from the slide.
- Leave the splash down pool promptly after entering.
- Warning: Failure to follow rules can result in serious injury.