

PLAY IT SAFE!

River activities can be dangerous—use at your own risk.



Wear a Life Vest!

- ❖ It is the one piece of equipment that will save your life.
- ❖ Consider a helmet and shoes.
- ❖ Use river worthy equipment, not pool toys.



Safe To Go?

- ❖ Know the water conditions.
- ❖ River flow may increase rapidly and become too dangerous.
- ❖ Check the water level to know when to go and when to wait for another day.



Know Where You Are

- ❖ Tell someone where you are going.
- ❖ Know your put-in & takeout locations, major hazards & rapids.
- ❖ When calling 911 to report an emergency, knowing your exact location will enable rescue professionals to find you quickly.
- ❖ Know the location of your car keys and phone.



Float Sober

- ❖ If you float while impaired, you may not notice a hazard or remember how to handle an emergency.



Aim Between the Signal Boulders

- ❖ Boulders mark the best path. Look for them at the beginning of many rapids.



Float with Friends

- ❖ You can help each other build river skills, and offer assistance when someone needs it. Ask if your friends can swim and if anyone has first aid skills!



Be Courteous

- ❖ People from upstream always have the right of way.