

Marianne C.

ACHIEVING YOUR FITNESS GOALS JUST GOT EASIER.



**PERSONAL
TRAINING**



**EXERCISE
CLASSES**



**SUCCESS
& SUPPORT**



**NUTRITION
WELLNESS**



Training Motto

Let's partner together to achieve
your personal fitness goals, making
it fun and rewarding

Certifications/Education

BS Accounting, ACE Certified Personal Trainer and Group
Fitness Instructor, ACE Yoga and Pilates certified instructor
Above Barre certified, SilverSneakers Classic, Circuit and Yoga certified
CPR/AED First Aid Certified

Training Specializations

Strength training, Core and Balance, Middle Aged to Older Adults

