



## Cook Creek Pool Schedule August 10th-17th

Revised:  
30-Jul-25

### Outdoor Lap Pool - Lap Lanes

Time	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Time	
	Lap Lanes		Lap Lanes		Lap Lanes		Lap Lanes		Lap Lanes		Lap Lanes		Lap Lanes			
5:30a-6:00a	Facility Closed		Facility Closed		Masters Swim 5:30a-7a		Facility Closed		Masters Swim 5:30a-7a		Facility Closed		Facility Closed		5:30a-6:00a	
6:00a-6:30a					6:00a-6:30a											
6:30a-7:00a					6:30a-7:00a											
7:00a-7:30a					7:00a-7:30a											
7:30a-8:00a					7:30a-8:00a											
8:00a-8:30a	Open Lap ( 8 )		Facility Closed		Open Lap (8)		Open Lap (8)		Open Lap (8)		Open Lap (2)		Masters Swim 8a-9:30a		8:00a-8:30a	
8:30a-9:00a															8:30a-9:00a	
9:00a-9:30a															9:00a-9:30a	
9:30a-10:00a															9:30a-10:00a	
10:00a-10:30a	Open Lap (3)		Aqua fitness 9:45a-10:45a		Facility Closed		Open Lap (3)	Aqua fitness 9:45a-10:45a (5)	Open Lap (3)		Aqua fitness 9:45a-10:45a (5)	Open Lap (8)		10:00a-10:30a		
10:30a-11:00a			10:30a-11:00a													
11:00a-11:30a			11:00a-11:30a													
11:30a-12:00p			11:30a-12:00p													
12:00p-12:30p			12:00p-12:30p													
12:30p-1:00p			12:30p-1:00p													
1:00p-1:30p			1:00p-1:30p													
1:30p-2:00p			1:30p-2:00p													
2:00p-2:30p			2:00p-2:30p													
2:30p-3:00p			2:30p-3:00p													
3:00p-3:30p			3:00p-3:30p													
3:30p-4:00p			3:30p-4:00p													
4:00p-4:30p			4:00p-4:30p													
4:30p-5:00p			4:30p-5:00p													
5:00p-5:30p			5:00p-5:30p													
5:30p-6:00p			5:30p-6:00p													
6:00p-6:30p			6:00p-6:30p													
6:30p-7:00p			6:30p-7:00p													
	Facility Closed		Facility Closed		Facility Closed		Open Swim 3:30-7p		Facility Closed		Open Swim 3:30-7p		Facility Closed			

### Outdoor Multi Purpose Pool - Slide & Activity Area

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Time
7:00a-9:00a	Area Closed 7a-10a	Area Closed 7a-11a	Area Closed 7a-11a	Area Closed 7a-3:30p	Facility Closed	Area Closed 7a-3:30p	Area Closed 7a-10a	7:00a-9:00a
9:00a-10:30a								9:00a-10:30a
10:30a-11:30a	Open Swim 10a-6p						Open Swim 11a-5p	Open Swim 10a-6p
11:30a - 3:00p		11:30a - 3:00p						
3:00p - 4:00p		3:00p - 4:00p						
4:00p-6:00p	Facility Closed	Facility Closed	Facility Closed	Open Swim 3:30-7p		Open Swim 3:30-7p	Facility Closed	4:00p-6:00p
6:00p-7:00p								6:00p-7:00p

#### \*PLEASE NOTE:

• Pool Schedule is subject to change.

• Lifeguard on duty is final authority with all safety matters.

- Be prepared to share a lane - Circle Swim when required
- **Guests under 5 years of age** - Must be accompanied at all times while in the water within an arm's length by a parent/guardian ( 16 years or older )
- **Guests 6 to 9 years of age** - ( **Non-Swimmers** ) Recommended to stay in shallow water & that a parent/guardian ( 16 years or older ) be in the water.
- **Guests 6 to 9 years of age** - Recommended that a parent/guardian ( 16 years or older ) are actively observing children from the deck.
- It is strongly recommended that non-swimmers use a Coast-Guard approved Lifejacket.
- Questions may be directed to the Lone Tree Aquatics Coordinator

• ( # ) - Number of Lanes dedicated to the defined activity

- Open Lap - Any activity that is actively promoting a workout use of the lane
- Water Walking - Any activity that is safely using the current channel for a resistance workout
- Swim Lessons - South Suburban lead swim instruction classes
- Aqua Fitness - South Suburban lead aquatics workout classes
- Open Swim - Any activity that is safely & respectfully using the area or slide for aquatic recreation
- Exercise Focus - Activities are safely & respectfully using the area without functioning water features