



Ben Franklin Pool Schedule

August 11 - September 1 , 2025

Revised:
30-Jul-25

Outdoor Multi Purpose Pool - 6 Lanes													
Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Time					
5:30a-6:00a	Facility Closed	Facility Closed	Facility Closed	Facility Closed	Facility Closed	Facility Closed	Facility Closed	5:30a-6:00a					
6:00a-6:30a								6:00a-6:30a					
6:30a-7:00a								6:30a-7:00a					
7:00a-7:30a								7:00a-7:30a					
7:30a-8:00a								7:30a-8:00a					
8:00a-8:30a	Lap swim 8:00a -10:00a	Lap Swim August 11th 7:00a-10:00a	August 12th Lap swim 7:00a-10:00a	August 13th Lap swim 7:00a-10:00a	August 14th Lap swim 7:00a-10:00a	August 15th Lap Swim 7:00a-10:00a	Lap Swim 8:00a-10:00a	8:00a-8:30a					
8:30a-9:00a								8:30a-9:00a					
9:00a-9:30a								9:00a-9:30a					
9:30a-10:00a								9:30a-10:00a					
10:00a-10:30a								10:00a-10:30a					
10:30a-11:00a	Open swim 10:00a-6:00p	Facility Closed	Facility Closed	Facility Closed	Facility Closed	Facility Closed	Open Swim 10:00a-6:00p	10:30a-11:00a					
11:00a-11:30a		August 11th Open swim 11:00a-5:00p Labor Day 10:00a-5:00p						Facility Closed	Facility Closed	Facility Closed	Facility Closed	11:00a-11:30a	
11:30a-12:00p												11:30a-12:00p	
12:00p-12:30p												12:00p-12:30p	
12:30p-1:00p												12:30p-1:00p	
1:00p-1:30p												1:00p-1:30p	
1:30p-2:00p												1:30p-2:00p	
2:00p-2:30p												2:00p-2:30p	
2:30p-3:00p												2:30p-3:00p	
3:00p-3:30p												3:00p-3:30p	
3:30p-4:00p												3:30p-4:00p	
4:00p-4:30p												4:00p-4:30p	
4:30p-5:00p												4:30p-5:00p	
5:00p-5:30p		August 13th Open Swim 3:30p-7:00p						Facility Closed	Facility Closed	Facility Closed	August 15th and August 22nd Open Swim 3:30p-7:00p	5:00p-5:30p	
5:30p-6:00p												5:30p-6:00p	
6:00p-6:30p	6:00p-6:30p												
6:30p-7:00p	Facility Closed	Facility Closed	Facility Closed	Facility Closed	Facility Closed	Facility Closed	6:30p-7:00p						
7:00p-7:30p							7:00p-7:30p						
7:30p-8:30p							7:30p-8:30p						
Programming													
Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Time					
5:30p-7:00a	None	None	None	None	None	None	None	5:30p-7:00a					
7:00a-9:00a	Adult Swim Lessons 8:00a-10:00a							None	None	None	None	None	7:00a-9:00a
9:00a-12:00p													9:00a-12:00p
12:00p - 3:00p	None	Sessional Privates 4:15-6:15 Aqua Fitness 6:00p-7:00p	None	Sessional privates 4:15p-6:15p	None	None	None	12:00p - 3:00p					
3:00p - 4:00p								3:00p - 4:00p					
4:00p-6:30p								4:00p-6:30p					
6:30p-7:30p								6:30p-7:30p					
7:30p-8:30p								7:30p-8:30p					

***PLEASE NOTE:** • Pool Schedule is subject to change. • Lifeguard on duty is final authority with all safety matters.

- Be prepared to share a lane - Circle Swim when required
- **Guests under 5 years of age** - Must be accompanied at all times while in the water within an arm's length by a parent/guardian (16 years or older)
- **Guests 6 to 9 years of age** - (**Non-Swimmers**) Recommended to stay in shallow water & that a parent/guardian (16 years or older) be in the water.
- **Guests 6 to 9 years of age** - Recommended that a parent/guardian (16 years or older) are actively observing children from the deck.
- It is strongly recommended that non-swimmers use a Coast-Guard approved Lifejacket.
- Questions may be directed to the Goodson Aquatics Coordinator
- Open Lap - Any activity that is actively promoting a workout use of the lane